

Cognitive Programme

After traumatic brain injury, and other neurological conditions, many people have severe cognitive problems. These problems classically include difficulties with memory, concentration, multi-tasking and a variety of higher “executive” problems such as difficulties with organisation and planning.

We are glad to accept referrals for people with cognitive problems. We provide an assessment service followed by an ongoing treatment programme. We adhere to the best practice in neurorehabilitation and all our clients will have a specific and personalised programme with objective measurable goals being set and monitored. Our neuropsychology team is lead by the renowned neuropsychologist, Dr Andrew Worthington, who is an expert at rehabilitation of executive disorders. Dr Worthington and his team provide initial assessments and guidance to our nursing team and our rehabilitation assistants who will carry out the programme with the individual, and often with the involvement of their family. The programme can be carried out either on an in-patient basis or in the day unit.

We have appropriate and modern facilities within the Janet Barnes Unit which provides a relaxed environment. The unit is able to offer a community independence programme using our training kitchen, bedroom and bathroom facilities. The unit also has an internet cafe and games room which can provide further practice and training for independence issues and social interaction. Our team also has good links into the local community so the individual can be retrained to manage in society. Trips to the local shops, pub, cinema, etc will be arranged as appropriate.



We are very happy to provide further information.

Please contact: Professor Barnes, Email: m.p.barnes@btinternet.com or

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